

## **Aioi Nissay Dowa Insurance Co., Ltd. Record of Insurance Payouts since 2004 to present**

1. Date of Incidence: January 12, 2009

Person who reported: Atsushi Yamamoto (Grande International, Co., Ltd)

Trainer: Yuka Suzuki

Device used: Old KAATSU stretch bands

Claimant: Yuko Takada

After training with KAATSU bands, red spots appeared and she felt numbness in hands. It appeared that the belts were worn lower than where it should be. She was examined at Fukuda Orthopedics. After investigated with consent, insurance paid 49,722 yen (US\$411)

2. Date: May 8, 2011

Person who reported: Takuya Horibe (Zenoa, Co., Ltd.)

Trainer: Takuya Horibe

Device used: Old KAATSU stretch bands

Claimant: Rinko Kitamura

After training with KAATSU bands, she felt something wrong with her arm. She was examined at Fukuda Orthopedics. Trainer's fault of putting belts too tight was admitted. After investigated with consent, insurance paid 190,840 yen (US\$1,577).

3. Date: May 8, 2011

Person who reported: Seiichi Nishimoto (QuickShape Shimotakaido)

Trainer: Seiichi Nishimoto

Device used: KAATSU Mini

Claimant: Sachie Kato

After training with KAATSU Mini and KAATSU bands, she had a bruise in her arm and light numbness. After investigated with consent, cause and effect relationship was not denied. The trainer should have paid more attention. Insurance of 109,691 yen (US\$906) was paid and settled with consent.

4. Date: July 25, 2011

Person who reported: Masaru Masuya (Fitness Beat Yoshizuka)

Trainer: Masaru Masuya

Device used: Old KAATSU stretch bands

Claimant: Asami Kusuyama

After training with KAATSU bands, she had veins bulged in both legs and felt weary.

After investigated with consent, a causality relationship is not clear, but also was not denied. It's possible to predict the claimant's health can deteriorate. The trainer should have paid more attention. The fault was admitted. Insurance of 494,070 yen (US\$4,084) was paid and settled with consent.

5. Date: November 19, 2011

Person who reported: Hajime Kamakura (First Step)

Trainer: Hajime Kamakura

Device used: Original KAATSU Master

Claimant: Tamae Yamada

After training with KAATSU bands, the left Achilles' tendon ruptured. After investigated with consent, it was admitted that a cause of ruptured Achilles' tendon had something to do with muscle fatigue after training. Due care was the responsibility of the trainer and he admitted fault. Insurance of 769,338 yen (US\$6,360) was paid to settle.

Total of Insurance paid: 1,613,661 yen (US\$13,341) since 2004