



KAATSU MASTER 2.0

The KAATSU Master 2.0 was designed for military, commercial, institutional, medical, and therapeutic applications. It includes a Masimo MightySat™ Finger Pulse Oximeter and Omron Wrist Look Pressure Monitor. Dual air compressors enable each limb to be simultaneously inflated to customized pressures. The tablet-based form factor is also bluetooth-enabled with automatic cloud storage of usage data and features easy-to-use, pre-set pressures for users of all ages, backgrounds and abilities.

BENEFITS

- › Effective muscle toning
- › Improved circulation
- › Faster recovery
- › Convenient - exercise anywhere anytime
- › Anti-aging
- › Improved speed
- › Enhanced stamina
- › Increased strength
- › Greater range of motion
- › Time saving
- › Offers 5 pre-set Cycle levels + 1 customizable Cycle level

FEATURES

- › Enables monitoring and archiving of real-time physiological data
- › Enables standard KAATSU Cycles for all ages and abilities
- › Enables customizable KAATSU Cycles for athletic performance, recovery and rehabilitation
- › Enables video feedback and interaction with KAATSU Master Specialists for real-time consultation
- › Can be used with both the KAATSU Air Bands or KAATSU Aqua Bands
- › Rechargeable battery
- › Enables access to KAATSU Database Cloud where user information is automatically uploaded and archived
- › Enables precise, simultaneous and separate control of pressure on each limb for optimal rehabilitation
- › Access to the KAATSU Performance Database that archives your data and offers comparisons to other users
- › Can increase band pressure up to 500 SKU (Standard KAATSU Units)
- › Reimbursable with various CPT codes
- › Two-year warranty

SAMPLE CUSTOMERS

- > Military forces
- > Physical therapy offices
- > Chiropractors
- > University athletic departments and gyms
- > Retirement communities
- > Competitive sports teams
- > Corporations

DESCRIPTION

- > The KAATSU Master 2.0 is a fourth-generation KAATSU device that enables real-time monitoring and archiving of physiological data. The device is ideal for use by militaries, corporations, organizations, clinics, hospitals, teams or large groups.
- > It is a robust, portable, tablet-based device with touch-screen controls for 4 pneumatic bands used by individuals of all ages and conditions, physicians, therapists, coaches, companies, organizations, and teams for physical training, rehabilitation, wellness, recovery and strength-, stamina- and speed-building purposes.
- > Pre-set levels make selection of pressures easy and safe to determine. Customizable levels enables use of appropriately safe pressures for elite athletes and injured individuals.
- > The KAATSU Master 2.0 comes with KAATSU Air Bands or KAATSU Aqua Bands of your choosing (select Small, Medium, Large or Extra Large) and can be inputted, automatically uploaded and archived to the KAATSU Performance Database (www.kaatsuperformance.com).

DATA MONITORING

- > An optional Masimo MightySat™ Fingertrip Pulse Oximeter and Omron Wrist Blood Pressure Monitor measures and monitors the following data during exercise or rehabilitation:
 - > Pulse Rate (PR) or the number of heart pulses per minute indicates your overall fitness and exertion levels
 - > Perfusion Index (PI) indicates the strength of blood flow to the finger as blood circulation changes
 - > Oxygen Saturation (SpO2) or the oxygen level in the blood indicates changes due to your heart or lung function, oxygen use by your body, and altitude
 - > Respiration Rate (RRp) or the number of breaths per minute indicates how well your heart and lungs are functioning and how quickly you recover from exercise
 - > Capillary Refill Time (CRT) or the amount of time in seconds that it takes for your capillaries to refill with blood

DATA MONITORING (CONT.)

- > Pleth Variability Index (PVi) or the variation in perfusion index over your breathing cycle which may indicate changes in hydration, breathing effort, perfusion or other factors.
- > Blood Pressure (BP) indicates your systolic blood pressure and diastolic blood pressure.
- > The KAATSU Master 2.0 also measures and archives additional information such as:
 - > KAATSU Time (KT) or the amount of time spent doing KAATSU per session
 - > KAATSU Exercise (KE) or the type of exercise, movement or rehabilitation you do with KAATSU
 - > KAATSU Cycle Function (Kcf) or the specific type of KAATSU Cycle (e.g., Cycle 20 or Customized Cycle)

BAND SIZES

- > KAATSU Air Bands are available in 4 sizes: Small, Medium, Large and Extra Large.
- > Measure the circumference of the top of your arm (right by your armpit) and the circumference of the top of your leg (right alongside your groin). Those circumferences will determine the appropriate size for your KAATSU Air Bands.

ARMS

- > Small: less than 18 cm (7.06 inches)
- > Medium: 18 - 28 cm (7.06 - 11.02 inches)
- > Large: 28 - 38 cm (11.02 - 14.96 inches)
- > Extra Large: 38 - 48 cm (14.96 - 18.89 inches)

LEGS

- > Small: less than 40 cm (15.74 inches)
- > Medium: 40 - 50 cm (15.74 - 19.68 inches)
- > Large: 50 - 60 cm (19.68 - 23.62 inches)
- > Extra Large: 60 - 70 cm (23.62 - 27.55 inches)

If you exceed 48 cm in circumference on your upper arms or 70 cm in circumference on your upper legs, then special order KAATSU Air Bands are recommended.

ABOUT KAATSU

KAATSU is the world-leader in blood flow moderation training and therapy. Invented in 1966 by Dr. Yoshiaki Sato in Tokyo, Japan and protected by 47 patents, our equipment and protocols have an impressive and unprecedented safety track record with over 20 million individual KAATSU sessions in dozens of countries across the globe. From elite athletes, to baby boomers, and everyone in between, KAATSU is the ultimate biohack for health and rehabilitation.

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